

# BackCountry Travel and Camping

By [North Wash Outdoors](#)

Sleeping and Shelter		Personal Hygiene		Add On Items	
Sleeping Bag		Soap			
Tent		Toothbrush and Toothpaste			
Cot		Personal Towel			
Sleeping Pad		Personal Wash Rag			
Pillow		Comb and / or Brush			
Blanket(s)		Waste Containment System			
Extra Clothing / Sleep Wear		Extra Toilet Paper			
		Hand Sanitizer			
Cooking Gear		Miscellaneous Items			
Food (meals for entire trip +)		Snacks and Comfort Food			
Stove		Insect Repellent			
Fuel for Stove		Equipment Repair Tools			
Cooking Pots & Pans		Soft Item Repair Kits / Sewing Kit			
Cooking Utensils		Watch / Time Device			
Cup		Emergency Cash			
Bowl and / or Plate		Extra Batteries			
Eating Utensils		Bandannas			
Dish Soap					
Clean up Rag / Towel		Optional Items			
Essential Items and Survival		Camp Chair			
Pocket Knife		Day Pack			
Para-Cord		Hiking Sticks			
Water Container		Camera			
Water Purification System		Extra Shoes / Sandals			
Flashlight / Headlamp w/ batteries					
Fire Starter		Seasonal Clothing			
Map / Compass / GPS		Boots as Needed			
Rope		Shirt / Pants / Shorts as Needed			
Pencil and Paper		Extra Socks			
Sunscreen		Extra Underclothing as Needed			
Sunglasses		Sweater or Jacket as Needed			
Extra Plastic Baggies		Rain Gear (always a good idea)			
Emergency Satellite Beacon		Coat as Needed			
Whistle		Beanie as Needed			
Duct Tape		Sun Hat			
Emergency Blanket / Bivvy		Rain Hat			
Fire Tinder					
First Aid Kit / Supplies					
Personal Medications					